

# St. Rita Catholic Church

invites you to participate in an



# ASIST

## APPLIED SUICIDE INTERVENTION SKILLS TRAINING

ASIST is a two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be at risk for suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—ASIST can be learned and used by anyone. As the world's leading suicide intervention workshop, *LivingWorks'* ASIST helps participants become more willing, ready, and able to intervene with someone at risk for suicide. Participants will learn about: Their own attitudes concerning suicide, How to recognize and assess the risk of suicide, How to use an effective Pathway for Assisting Life model, and About available community resources.

**Friday/Saturday, February 2-3, 2018\***

**DAY 1: Friday 8:00AM—4:30PM**

**Day 2: Saturday 8:30AM—4:30PM**

**Training Location: St. Rita Catholic Church**

**4401 Bayou Rapides Road, Alexandria, LA**

**COST: \$50.00 (VALUED AT \$300./PERSON) - Space is Limited to 45 participants**

INCLUDES: TRAINING MATERIALS, LUNCH AND REFRESHMENTS BOTH DAYS — PLEASE INFORM US OF ANY DIETARY CONCERNS OR NEEDED ACCOMMODATIONS

**Pre-registration is required and closes on Wednesday, January 31<sup>st</sup>**

NAME & TITLE: \_\_\_\_\_

ORGANIZATION/ADDRESS/STATE/ZIP: \_\_\_\_\_

CELL: \_\_\_\_\_ EMAIL: \_\_\_\_\_

The ASIST trainers' time is donated by their respective agencies: SaveCenla; Dept. of Veterans Affairs; LA Dept. of Behavioral Health; LA National Guard; and American Red Cross

*\*Due to the group process involved and the building of knowledge over the course of this training, you are requested to remain on site for the entire two days in order to receive your certificate of participation and CEUs. 12.5 CEUs (8.0 Clinical/4.5 General) are provided to social workers and psychologists. There will be no partial credit given.*

**For additional information, contact Linda Heiman, LCSW (318) 466.4087 or (318) 359.4850**

**TO REGISTER:** Call (318) 445-7120 OR FAX to (318) 448-0704 OR Email: [dbrown@strita.org](mailto:dbrown@strita.org)

**Choose a payment type:**

Check made out to St. Rita Church

Credit Card# \_\_\_\_\_ Exp . Date: \_\_\_\_\_ 3-D igit CV# \_\_\_\_\_

Pay at the door